

# DESSA-mini Competency Alignment

In the table below, you will find each DESSA-mini test item matched with its corresponding competency area. For a true picture of a student’s current standing within each competency area, a full DESSA should be administered. Please note that the eight competencies are not distributed equally between each DESSA-mini. The DESSA-mini was created using items that were the best indicators of student social and emotional development from the full DESSA.

Item Number	DESSA-mini 1	DESSA-mini 2	DESSA-mini 3	DESSA-mini 4
1	Decision Making	Decision Making	Decision Making	Optimistic Thinking
2	Relationship Skills	Goal-Directed Behavior	Goal-Directed Behavior	Relationship Skills
3	Optimistic Thinking	Goal-Directed Behavior	Goal-Directed Behavior	Personal Responsibility
4	Self-Management	Relationship Skills	Self-Management	Self-Awareness
5	Social Awareness	Social Awareness	Personal Responsibility	Self-Awareness
6	Self-Management	Relationship Skills	Personal Responsibility	Relationship Skills
7	Personal Responsibility	Goal-Directed Behavior	Decision Making	Decision Making
8	Decision Making	Relationship Skills	Optimistic Thinking	Goal-Directed Behavior

