

### **QUICK FACTS:**



#### **DESSA**

The DESSA is a strengthbased assessment of social and emotional competency (skills).



### DESSA STUDENT PORTAL

Within the Student Portal, you will complete the DESSA, view results, and continue skill building.



# COLLEGE AND CAREER READINESS

Social and emotional skills support future success!



STUDENT PORTAL



## STARTING WITH STRENGTHS

Consider This:

What are your strengths?

How can you build on your strengths to
grow in other areas?



# DESSA & STUDENT PORTAL

#### WHAT IS THE DESSA?

The DESSA is a strength-based assessment of social and emotional skills.

#### Example Questions:

During the past 4 weeks, how often did you...

- think about positive things?
- · ask somebody for feedback?
- get along well with different types of people?

Do your best to rate yourself.

- I set goals for myself.
- · I show appreciation for others.
- I feel comfortable being myself in different situations.



School

High School

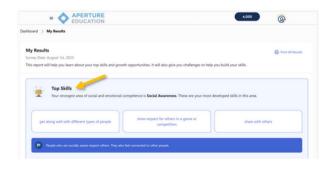
### WHY MEASURE SOCIAL AND EMOTIONAL SKILLS?

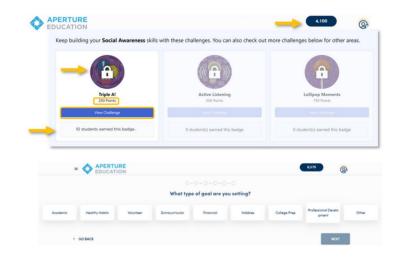
Knowing your strengths and growth opportunities can help you set goals to use or improve specific social and emotional skills.



#### **DESSA STUDENT PORTAL**

Within the Student Portal, you will complete your assessment, view results, and continue skill building through gamified Challenges and setting SMART goals.





### **DID YOU KNOW?**

Social and emotional skills are required for college, career, and workforce success! Specifically, communication skills, collaboration, and problemsolving skills are in high demand by employers. These skills are directly related to social and emotional skills. By actively engaging in learning these critical life skills, you are growing the skills needed to be college and career ready.

#### **TOP 10 EMPLOYMENT SKILLS**

- 1. Collaboration
- 2. Problem-Solving
- 3. Communication skills
- 4. Critical thinking
- 5. Oral communication
- 6. Written communication
- 7. Ethics
- 8. Cultural sensitivity
- 9. Adaptability
- 10. Creativity