



PERSONAL RESPONSIBILITY



Personal Responsibility Home Connection: Helping Each Other



TEACHER NOTES

On the day after your Personal Responsibility: Helping Each Other lesson, return the student exit tickets, stapled to a double-sided copy of the homework handout.

Either give time in class to fill out the handout, making the sharing their homework, or instruct them to fill it out as homework, before sharing.

Encourage the students to share both their shining areas and their challenging areas with their parents/caregivers. Remind students that there will be regular school check-ins on progress, so having their adults support them and celebrate successes with them may be very helpful and encouraging.

Name: _____

Homework due: _____

Personal Responsibility: Helping Each Other

Ask me about our class discussion!

This is a school responsibility I do really well...

A suggestion I shared with others was...

Something that's still challenging for me is...

An idea I heard that I'm going to try is...



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Personal Responsibility Home Connection: Helping Each Other Grow

Sharing Expertise

THOUGHTS FOR ADULTS SUPPORTING THIS PROJECT

Children feel powerful when they realize they can use their own strengths to help others to get better at tasks. They appreciate it when others help them to grow in ways that are respectful and sincere. Everyone has ways we can support others in their learning, and also things to learn to help us as be good citizens and family members.

The purpose of this activity is to help students share what they are learning at school with the adults who support them at home. Showing you the strategies that are helping them be successful at school will reinforce their confidence for helping others. Talking about new ideas that have helped another student be successful reminds them of their own commitment to build up their skill in the area of Personal Responsibility.

KEEP IN MIND

Your opinion is very important! Even if you have seen other areas in which your student shines, it's powerful to accept and acknowledge that what your student shares with you in this exercise meant the most to them in that moment. Likewise, even if you have experienced times when your student struggled with this or a similar task, this is a fresh chance to support their desire to be responsible now. Your support really matters as they keep trying to grow and change!

REFLECTION QUESTIONS

- What are some areas in my own life that I feel successful in?
- What are some areas I'd like to be more effective in?
- When has support and encouragement from another person been valuable to me?
- How easy or difficult is it for me to offer encouragement before offering corrections?

EXTENSION IDEA

- Create a pact between you and your student. Each of you thinks of one home responsibility that you do well, and you each make a short list of the strategies that have helped you be successful. Share your strategies with each other.



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EXAMPLES:

A responsibility I do well: Getting our day off to a peaceful start.

The strategies that help me be successful at this responsibility:

Set my alarm early so I have plenty of time.

Lay out my clothes the night before.

Take 10 minutes to do something I enjoy: listen to music, take a walk, read the paper.

A responsibility I do well: Helping our family eat nutritious dinners

The strategies that help me be successful at this responsibility:

Plan tasty, nutritious meals

Shop ahead so we have what we need to make dinner

Prepare the meal, with the help of others (or take my turn to prepare the meal)