

ABOUT COMMITTEE FOR CHILDREN

Personal Responsibility

SEL Academic Integration Activities are designed for K–8 classroom teachers. These simple activities integrate self-regulation and social-emotional concepts and skill practice into academic areas (literacy, math, science, social studies, fine art, music, and physical education). The activities are adapted from Second Step: Skills for Social and Academic Success.

Language Arts and Social Studies, Who can Make a Difference

By: Second Step





Language Arts and Social Studies

Who Can Make a Difference?

Have students research individuals or small groups of people who made a big difference by standing up for what is right. Direct students to do an Internet search on "The Giraffe Heroes Project" for examples of ordinary people who stick their necks out for the common good. Have student groups create a media presentation or write a brief report to present to the class.

Excerpted from: Academic Integration Activities in *Second Step* Grade 8, Lesson 2: Leaders and Allies. This lesson is part of a sequence of lessons on empathy and communication.



The research-based *Second Step* program teaches students social-emotional skills that help prevent problem behaviors; build safe, supportive schools; and empower success.

