



# Relationship Skills

second step

## ABOUT COMMITTEE FOR CHILDREN

SEL Academic Integration Activities are designed for K–8 classroom teachers. These simple activities integrate self-regulation and social-emotional concepts and skill practice into academic areas (literacy, math, science, social studies, fine art, music, and physical education). The activities are adapted from Second Step: Skills for Social and Academic Success.

# Social Studies, Cultural Change

By: Second Step



## Social Studies

### Cultural Exchange

Classroom communities are often composed of students from diverse cultural backgrounds. Learning to accept and appreciate differences is foundational to creating a classroom community. Tell students that today they're going to have an opportunity to get to know one another's cultural backgrounds and discuss them with the class. Begin by reviewing key elements that define a culture, such as language, food, customs, religion, music, and art. Have students identify and record these elements for their family's culture. Pair students and have them exchange their cultural information.

**Excerpted from:** Academic Integration Activities in the *Second Step* Grade 3 Empathy Unit

**Unit goal:** To develop students' ability to have empathy and show compassion for others

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Early Learning–Grade 8

The research-based *Second Step* program teaches students social-emotional skills that help prevent problem behaviors; build safe, supportive schools; and empower success.