



Relationship Skills

ABOUT MORNINGSIDE CENTER

Morningside Center for Teaching Social Responsibility's evidence-validated programs engage young people in learning essential social and emotional skills and help educators build productive and respectful schools. The 4Rs Program combines superior children's books with engaging SEL activities that explore community, feelings, relationships, conflict, and problem-solving, adding depth to literacy instruction.

Gathering, Name Game

By: The 4Rs



Gathering: Name Game

Note to the teacher:

Name Game is an excerpt from The 4Rs™ [Reading, Writing, Respect & Resolution] *Teaching Guide for Grade 1*, Unit 1, Building Community, p. 7.

Brief activities can be used at the start of the school day, or before or after class meeting, an academic subject block, or story time to set a tone and help students refocus. Used before, it's a "gathering"; used after, it's a "closing."

Time: 10 minutes

Materials: Hugg-A-Planet or an easy to catch soft object

This is a great way for children to learn their classmates' names at the beginning of the year and is a fun activity even after children know each other well.

Have students stand in a circle.

Toss the Hugg-A-Planet to a child. When the child catches it, the whole group shouts out the child's name.

The child then tosses the Hugg-A-Planet to another child, the group shouts his/her name, and so on until everyone has a turn.

If you don't have a Hugg-a-Planet (a soft stuffed "globe"), you can use a small stuffed animal or other soft object that is easy to catch. [www.huggaplanet.com]



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