



## Relationship Skills

### ABOUT MOVE THIS WORLD

Move This World cultivates the development of social and emotional learning (SEL) skills to empower students to navigate the complex and rapidly-changing realities of our world. An SEL program that has impacted the lives of over one million students across 35 states, Move This World provides educators and students with a robust, daily curriculum designed to strengthen social and emotional wellbeing in order to create and maintain healthy environments where effective teaching and learning can thrive. Move This World's extensive online library of PreK-12 videos and resources are rooted in creative expression and designed to help students develop a common language to improve communication, build trust, and create stronger communities.

For more information: [www.movethisworld.com](http://www.movethisworld.com)

# Give Me the Ball

by Move This World

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## Primary Competency:

- Relationship Skills

## How *Give Me the Ball* Impacts Students:

*Give Me The Ball* is a chance for us to practice being kind to our classmates. Being kind is important not just because it is a nicer way to be, but also because when we are kind we feel good about ourselves and our classroom community. By sharing kindness in the classroom, students will have an easier time spreading kindness within their larger communities.



[Link to \*Give Me the Ball\* video.](#)

## Skills:

- Communication

## How to facilitate *Give Me the Ball* in your classroom:

- Load the video before students come into the class & check that the sound/volume is working.
- Students can participate by sitting or standing in a circle.
- You will need a ball for this exercise.
- Follow along with your students! Reinforce these skills and model active participation.

## ENGAGE STUDENTS FURTHER WITH NEXT-LEVEL PROMPTS:

On a piece of paper or in their journals, instruct the class to write or draw quietly to themselves:

- One kind thing about someone they know.
- One kind thing about themselves.