



## Social-Awareness

### ABOUT MOVE THIS WORLD

Move This World cultivates the development of social and emotional learning (SEL) skills to empower students to navigate the complex and rapidly-changing realities of our world. An SEL program that has impacted the lives of over one million students across 35 states, Move This World provides educators and students with a robust, daily curriculum designed to strengthen social and emotional wellbeing in order to create and maintain healthy environments where effective teaching and learning can thrive. Move This World's extensive online library of PreK-12 videos and resources are rooted in creative expression and designed to help students develop a common language to improve communication, build trust, and create stronger communities.

For more information: [www.movethisworld.com](http://www.movethisworld.com)

# Go To Your Corner

by Move This World

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## Primary Competency:

- Social Awareness

## How *Go To Your Corner* Impacts Students:

Go To Your Corner helps us build empathy and discover differences in how others are feeling. In this exercise, students will think about how they are feeling in the present moment in response to the video prompts, and will move to the corner of the room that represents the emotion they are feeling. By engaging in this exercise, students are given the opportunity to recognize the similar, or different, emotions that their peers may have in response to the same situation.



[Link to \*Go To Your Corner\* video.](#)

## Skills:

- Empathy
- Discovering Differences

## How to facilitate *Go To Your Corner* in your classroom:

- Load the video before students come into the class & check that the sound/volume is working.
- Students will move around the room to the corners of the space that correspond to the way they are feeling (happy, frustrated, worried, sad). This will be in response to various prompts, such as, "how you feel about your teachers and school staff today." Make sure there is enough room for students to move throughout the space safely.
- Follow along with your students! Reinforce these skills and model active participation.

## ENGAGE STUDENTS FURTHER WITH NEXT-LEVEL PROMPTS:

- What does it mean to "support" someone?
- What can you do to make someone feel better when they are feeling sad?
- What do you do when you want to feel better?