



Self-Management

ABOUT MORNINGSIDE CENTER

Morningside Center for Teaching Social Responsibility's evidence-validated programs engage young people in learning essential social and emotional skills and help educators build productive and respectful schools. The 4Rs Program combines superior children's books with engaging SEL activities that explore community, feelings, relationships, conflict, and problem-solving, adding depth to literacy instruction.

Good and Poor Listening

By: The 4Rs



Good and Poor Listening

Note to the teacher:

Good and Poor Listening is an excerpt from The 4Rs™ [Reading, Writing, Respect & Resolution] Teaching Guide for Grade 3, Unit 1, Building Community, p. 10.

Time: 15 minutes

Materials: chart paper and markers

One skill that helps people cooperate and work together toward a goal is being able to listen to each other.

1. Ask for a volunteer from the class to come up front and tell you something. While the person is talking, model poor listening (looking away, fidgeting with clothes or hair, doing something else).
2. Stop the speaker and ask how s/he felt while you were doing this.
3. Ask the class what they saw.
4. Now have the person tell you the same information, but this time model good listening (attention focused on speaker, positive body language, no interrupting).
5. Have students pair up with each other and practice good listening for about 30 seconds each.
6. Make a good listening checklist to post on the wall.

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