



# Self-Awareness

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## ABOUT COMMITTEE FOR CHILDREN

SEL Academic Integration Activities are designed for K–8 classroom teachers. These simple activities integrate self-regulation and social-emotional concepts and skill practice into academic areas (literacy, math, science, social studies, fine art, music, and physical education). The activities are adapted from Second Step: Skills for Social and Academic Success.

# Social Studies, Maps of Respect

By: Second Step



## Social Studies

### Maps of Respect

Begin this activity with a brief discussion of ways students can be respectful in the classroom and how this helps them learn and get along better with others. Write students' answers on the board, grouping them into types of respectful behaviors. Some examples are being polite, taking turns, waiting your turn to speak, listening, and following rules. Talk about how being respectful contributes to the common good of the whole school community. Tell students that they are going to search the school for examples of respectful behaviors and record them on a map. Briefly review the parts of a map, such as title, legend, and scale. Show students a map of the school. Tell students their task is to map respectful behaviors in the school using the legend you create together. Decide on symbols for the map's legend. For example, being polite = green triangle; listening = blue oval. Provide each pair of students with a copy of the school map. Have students record the legend on their maps. Lead students around the school, stopping to record symbols for respectful behaviors observed along the way. For example, walk by the office, library, gym, cafeteria, and classrooms, and record symbols for the respectful behaviors you see in each location.

**Excerpted from:** Academic Integration Activities in the *Second Step* Grade 2 Skills for Learning Unit

**Unit goal:** For students to build foundational skills necessary for successful participation in learning: listening, focusing attention, using self-talk, and being assertive

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Early Learning–Grade 8

The research-based *Second Step* program teaches students social-emotional skills that help prevent problem behaviors; build safe, supportive schools; and empower success.